

ADULT TREATMENT OUTCOME - PRETEST

NAME : Mr. Example SSN OR ID# : 1234567890
 AGE: 43 SEX: Male
 ETHNICITY/RACE : Caucasian FIRST TEST ADMINISTRATION
 EDUCATION/GRADE: 12 DATE SCORED: 12/01/2020

Adult Treatment Outcome (ATO) results are confidential and are considered working hypotheses. No diagnosis or decision should be based solely upon these results. The ATO is to be used in conjunction with experienced staff judgment.

MEASURES	%ile	ADULT TREATMENT OUTCOME PROFILE			
-----	----	+-----+	+-----+	+-----+	+-----+
		LOW RISK	MEDIUM	PROBLEM	MAX
TRUTHFULNESS	33	*****
ALCOHOL	69	*****
DRUGS	0	*.....
CONTROL	0	*.....
VIOLENCE	0	*.....
SUICIDE	32	*****
OUTLOOK	12	*****
DEPRESSION	35	*****
ANXIETY	30	*****
DISTRESS	9	****
STRESS COPING	1	*.....
SELF-ESTEEM	1	*.....
		0	40	70	90 100
		----- PERCENTILE SCORES -----			

* * SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES * *

TRUTHFULNESS SCALE: LOW RISK RANGE RISK PERCENTILE:33
 This Truthfulness Scale score is in the low risk (zero to 39th percentile) range, which indicates that all other Adult Treatment Outcome (ATO) scale scores are accurate. Denial, problem minimization and attempts to "fake good" are minimal. This client answered ATO items in an open, honest, cooperative and truthful manner. This Truthfulness Scale score is sound and credible.

ALCOHOL SCALE: MEDIUM RISK RANGE

RISK PERCENTILE:69

This client's Alcohol Scale score is in the Medium Risk (40 to 69th percentile) range. Alcohol use is indicated, but an established pattern of abuse is not evident. The evaluator can review "significant items" #12, 37 and 66 for insight into this person's situation. If this client says he/she is "recovering" determine how long they have been abstaining. A low intensity (class, group or AA) intervention might be warranted.

DRUGS SCALE: LOW RISK RANGE

RISK PERCENTILE:0

Few, if any, indicators of drug abuse are evident. This client's Drugs Scale score is in the Low Risk (zero to 39th percentile) range. Low Risk scorers reveal very few indicators of illicit drug use or abuse. A person that doesn't currently use drugs may score higher than zero, but would score in the Low Risk range. The Drugs Scale can be interpreted independently of other scale scores.

CONTROL SCALE: LOW RISK RANGE

RISK PERCENTILE:0

This client's Control Scale score is in the Low Risk (zero to 39th percentile) range. "Control" refers to people that need to be in control of others. Controlling behaviors can be emotional, verbal or physical abuse. Controlling behavior can be manifest in threats, manipulation, swearing, hitting, etc. This individual is not a controlling person -- indeed, this client presents as a non-controlling person.

VIOLENCE SCALE: LOW RISK RANGE

RISK PERCENTILE:0

This client's Violence Scale score is in the Low Risk (zero to 39th percentile) range. Violence includes physical, emotional, mental and verbal abuse. The ATO Violence Scale measures violence on a continuum from harmful (damaging) to deadly (lethal). This scale combines hitting, striking, beating, attacking, battering, assault, etc. under the term "violence." Low Risk scorers aren't violent or potentially dangerous to self or others. However, other elevated ATO scales could increase this scales severity rating.

SUICIDE SCALE: LOW RISK RANGE

RISK PERCENTILE:32

On the Suicide Scale this client scored in the Low Risk (zero to 39th percentile) range. Low Risk scorers typically do not threaten or attempt suicide. Transient thoughts of death or dying are universal. Consequently, it is important to identify obsessive suicidal ruminations. When in doubt refer the client for professional examination, observation and treatment as warranted.

OUTLOOK SCALE: LOW RISK RANGE

RISK PERCENTILE:12

This Outlook Scale score is in the Responsive (zero to 39th percentile) range. A person's outlook (perspective, attitude, expectations) is a product of learning and experience. Responsive scorers are adaptable, flexible and often optimistic. Outlook incorporates family, home, peers, work and self. If no other ATO scale scores take treatment priority, this client should be approachable and accepting of help. This client would be positively responsive to aid, assistance and a variety of counseling alternatives.

DEPRESSION SCALE: LOW RISK RANGE

RISK PERCENTILE:35

This client's Depression Scale score is in the Low Risk (zero to 39th percentile) range. Few symptoms of depression are evident at this time. A low level of depression is reported. In other words, depression does not present as a focal issue in this person's overall adjustment. Consequently, no treatment recommendation is made.

ANXIETY SCALE: LOW RISK RANGE

RISK PERCENTILE:30

This client's Anxiety Scale score is in the Low Risk (zero to 39th percentile) range. Few symptoms of anxiety or apprehension are evident. In counseling sessions, anxiety represents one of the most commonly reported symptoms of distress. This is a Low Risk Anxiety Scale score, consequently no anxiety-related recommendations are made. This a Low Risk Anxiety Scale score.

DISTRESS SCALE: LOW RISK RANGE

RISK PERCENTILE:9

This person's Distress Scale score is in the Low Risk (zero to 39th percentile) range. Low risk scorers either are not experiencing significant distress (anxiety and depression), or cope with it effectively. Anxiety reactions and depressed moods are not focal difficulties for this client at this time.

STRESS COPING SCALE: LOW RISK RANGE

RISK PERCENTILE:1

This client's Stress Coping Abilities Scale score is in the superior (zero to 39th percentile) range. This person copes very well with stress. Stress refers to anxiety, tension and pressure. Unmanaged stress exacerbates emotional and mental health problem symptomatology. This scale is more than just a measure of "stress." It determines how well the client "copes" with stress. This person copes well with stress.

SELF-ESTEEM SCALE: LOW RISK RANGE

RISK PERCENTILE:1

This client has very high self-esteem. This score may represent an inappropriate high opinion of self or could represent a capable person's honest self-appraisal. The Truthfulness Scale score should help in understanding this score. And review of other ATO scale scores can provide additional understanding. This Self-Esteem Scale score is not a focal concern.

SIGNIFICANT ITEMS: The following self-report responses represent topics that may help in understanding the respondent's situation.

ALCOHOL

21. Admits has a drinking problem
30. Last 30 days drinking problems
77. Has not stopped drinking

DRUGS

No Significant Items were reported for this scale.

VIOLENCE

No Significant Items were reported for this scale.

SUICIDE

20. Nobody cares anymore

NAME: Mr. Example

-4-

ATO PRETEST REPORT

DEPRESSION

2. Past month lonely
36. Very depressed, past month

ANXIETY

76. Past month very anxious

DISTRESS

No Significant Items were reported for this scale.

ATO PRETEST RESPONSES

1- 50	TFFFFTFTFT	FFFFFFFFTTT	TFFFFFFFFFF	FFFFTFFFFF	TFFFFFFFFFT
51-100	TFFTFTFTFF	FFFFFFFFFFF	FFFFTTTTFFF	TFFTFFFFF4	4444444444
101-150	4331341141	4114111144	4141111144	1111155555	5155155515
151-153	115				

RECOMMENDATIONS: _____

STAFF MEMBER SIGNATURE

DATE

(ATO PRETEST # 1)

COMPARISON REPORT

NAME : Mr. Example
AGE: 43 SEX: Male
ETHNICITY/RACE : Caucasian
EDUCATION/GRADE: 12

ATO OUTCOME REPORT
DATE SCORED: 06/01/2021

The Adult Treatment Outcome (ATO) report is to be used in conjunction with staff judgment. No decision should be based solely upon ATO results.

ATO SCALE COMPARISONS

Table with 3 columns: SCALES, SCALE COMPARISON (PRETEST VS POSTTEST), and OUTCOME SUMMARY. Rows include TRUTHFULNESS, ALCOHOL, DRUGS, CONTROL, VIOLENCE, SUICIDE, OUTLOOK, DEPRESSION, ANXIETY, DISTRESS, STRESS COPING, and SELF-ESTEEM.

SIGNIFICANT ITEMS, DIRECT ADMISSIONS, UNUSUAL ANSWERS

SUICIDE SCALE: No significant suicide ideation admissions were made.

VIOLENCE SCALE: No significant violence admissions were made.

ALCOHOL SCALE: No significant alcohol admissions were made.

DRUGS SCALE: No significant drug admissions were made.

OBSERVATIONS: _____

STAFF MEMBER SIGNATURE

DATE